

Name:

Please **circle** your choice

Main meals come with a choice of fresh vegetables and potatoes *£11.50 per week*

Sandwiches come with salad and potatoes Jackets come with salad or vegetables

Fresh bread available daily

MENU - SPRING TERM 2018

WEEK BEGINNING 8/1 29/1 26/2 19/3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Organic Burger in a bun	Bangers and Mash	Roast Chicken	Beef Chilli and rice	Fish Fingers
Jacket Potato with cheese	Jacket Potato with beans	J Pot sausage and beans	Cheese and tomato pasta	Jacket Potato with coleslaw
Tuna Sandwich	Cheese and pickle Sandwich	Egg Sandwich	Ham and cheese wrap	Tuna and cucumber wrap
Oat and Seed bar	Carrot cake muffin	Rich pudding	Chocolate pear pudding	Forest fruit flapjack
Raisins	Organic Yoghurt	Fruit	Raisins	Organic Yoghurt

WEEK BEGINNING 15/1 5/2 5/3 26/3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn and veg fajita	Breaded Salmon	Roast Pork	Pasta Bolognese	Chicken Korma
Cheese and tomato pasta	J Potato cheese & beans	Jacket Potato with coleslaw	Cheese and tomato pasta	Jacket Potato with ham and sweetcorn
Tuna Wrap	Ham Sandwich	Cheese Sandwich	Egg Sandwich	Tuna and cucumber Sandwich
Rhubarb/apple crumble & Custard	Treacle sponge & custard	Biscuit, cheese and grapes	Brownie and custard	Shortbread and yoghurt
Raisins	Fruit	Organic Yoghurt	Fruit	Raisins

WEEK BEGINNING 22/1 19/2 12/3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza	Bacon and tomato pasta	Beef cobbler	Chicken stir fry	Battered fish
J Potato sausage & beans	Jacket Potato with coleslaw	Jacket Potato with cheese	Jacket Potato with chilli	Jacket Potato with tuna and sweetcorn
Tuna cucumber Sandwich	Cheese Sandwich	Egg Sandwich	Ham Sandwich	Cheese and onion Sandwich
Grannies crunch	Apple strudel and custard	Date/oat/orange cookie & milk	Lemon drizzle and custard	Raspberry bun and apple wedges
Fruit	Organic Yoghurt	Raisins	Fruit	Organic Yoghurt